ABOUT THE CONFERENCE

Located in the tranquil valleys of the Western Ghats, Ahalia Ayurveda Medical College, Palakkad, Kerala, India, envisions an integrated educational hub in central Palakkad, set amidst a vast, verdant campus.

Ahalia Ayurveda Medical College, is set to host Vijnana-Sarani 2026, the 3rd International Conference on Emerging Trends in Shalya and Shalakya Tantra, to be held on 17th and 18th December 2026 at Ahalia Campus, Palakkad. Following the successful organization of previous academic events, including Clinical Pediatrics in Ayurveda (2023) and URVARA – International Conference on Fertility (2024), this conference aims to provide a vibrant platform for knowledge sharing and academic advancement.

The conference will bring together eminent scholars, academicians, clinicians, researchers, and healthcare professionals to explore emerging trends, recent advancements, and innovative approaches in Shalya and Shalakya Tantra.The programme will include keynote lectures by distinguished experts, oral paper presentations, essay competitions, poster presentations, and reels competition.

All are cordially invited to participate in Vijnana-Sarani 2026 and contribute to the advancement of Ayurvedic knowledge and practice.

Chief Patron
- **Dr. V S Gopal**
  Chairman,
  Ahalia Group

Patron
- **DR. Krishna Kumar Kishor**
  Executive Director
  Ahalia Group

Chief Organizing Secretary
- **Dr. Sunil Kumar N**
  Principal & Medical Director AAMCH

Day 1 - 17/12/2026



8:00AM-9:00AM : Breakfast

9:00AM-10:00AM : **Dr. Udeni Rathnayaka**
Senior Lecturer
University of Colombo, Sri Lanka
TOPIC - Integrative Management of Rare Shalakya Diseases: Selected Clinical Cases Treated with Ayurvedic and Traditional Therapies in Sri Lanka

10:00AM-11:00AM : Inauguration

11:00AM-11.15AM : High Tea



11.15AM –12.15PM : **Dr. Hemantha Kumar**
Professor & HOD,
Dept of Shalya Tantra
National Institute of Ayurveda, Jaipur
TOPIC - Contemporary Advances in Anorectal Surgery

SPEAKERS AND TOPICS



12:15PM- 1:15PM : **Dr. Yogesh Badwe**
Professor & HOD
Department of Shalya Tantra
All India Institute of Ayurveda, New Delhi
TOPIC - Sandhana Karma - Scope and challenges

1:15PM- 2:00PM : Lunch Break



2:00PM-3:00PM : **Dr. K Priyani P Peiris**
Professor & Consultant in Shalakya
Dept. of Shalya - Shalakya
Dean, Faculty of Indigenous Medicine
Gampaha Wickramarachchi University of Indigenous Medicine, Sri Lanka
TOPIC - Bridging Shalakya tantra and modern science: special reference to ENT & Dentistry

3:00PM- 4:00 PM : **Dr. Gowthaman R D**
Chief Physician & Martial Arts Trainer, CVN Kalari, Trivandrum
TOPIC - Applied aspects of Kalari Marma therapy





4:00 PM-4:15 PM : High Tea
4:15 PM-5:15 PM : Campus Visit
5:30 PM-7:30 PM : Intercollegiate Cultural Fest ***"Rang De 2026"***
7:30 PM-8:15 PM : Dinner

Day 2 - 18/12/2026



8:00AM-9:00AM : Breakfast

9:00AM-10:00AM : **Dr. Manjusha Rajagopala**
Professor & HOD,
Department of Shalakya Tantra
All India Institute of Ayurveda, New Delhi
TOPIC - Integrated approach in the management of Netra Roga - Ophthalmic Disorders



10:00AM-11:00AM : **Dr. Itoozhi Unnikrishnan Namboothiri**
Medical Director & Addl Chief Physician, Itoozhi Namboothiri's Ayurveda Nursing Home, Mayyil, Kannur
TOPIC - Keraleeya Nethra Chikitsa - Traditional Approach

11.00AM-11.15AM : High Tea



11:15AM-12:15PM : **Dr. Vinod Krishnan**
Chief physician
Amiya Ayurveda Nursing Home and Research Center, Pattambi
TOPIC - Marma Techniques and Tamil Marma Adangal Management



12:15 PM-1.15PM : **Dr. Pradeep S Shindhe**
Professor & HOD
Dept. of Shalya Tantra
KLE Ayurveda Medical College, Belgavi, Karnataka
TOPIC - Evidence based pain management in Ayurveda through Parasurgical procedures and its recent advancements

1:15PM-2:15PM : Lunch Break



02:15PM-3:15PM : **Dr. Mayur Shiralkar**
Professor & HOD
Dept. of Shalakya Tantra
Matoshree Ayurveda College, Pune
TOPIC - Beyond Deafness: Mastering Myringotomy & Grommet Insertion



03:15PM-4:30PM : **Dr. Sangeetha Salvi**
Principal & Professor
Dept. of Shalakya Tantra
Tilak Ayurveda Mahavidyalaya, Pune
TOPIC - Hands on training and practical approaches in ENT Surgeries (Myringotomy & Auroplasty)



4:30PM-5:00PM : Valedictory Function

5:00PM : High Tea

Explore Ahalia



Ahalia Heritage Village



Ahalia Sculpture Park

COMPETITIONS OVERVIEW

ESSAY COMPETITION

SENIOR LEVEL
"Ahalia Bhishak Pratibha Award"

Topic- Surgical Wisdom of Ayurveda: Reassessing and Advancing Classical Knowledge through Research, Evidence and Innovation

Participants– Faculties, Practitioners, PhD Scholars and Postgraduates

Title winner-Rs. 10,000/-
Second prize-Rs. 5,000/-

JUNIOR LEVEL
"Ahalia Yuva Pratibha Award"

Topic- From Shastra Karma to Modern Surgery: Understanding the Evolution of Surgical Sciences in Ayurveda.

Participants- BAMS Students and Interns

Title winner-Rs. 5000/-
Second prize-Rs. 2500/-

Last date for Submission-30/11/2026

e - POSTER COMPETITION

Topic:
1) Agnikarma in Pain Management: From Classical Concept to Clinical Application
2) Vrana Ropana: Decoding the Ayurvedic Concept of Wound Healing
3) Advanced approaches in Ophthalmology
4) Emerging trends in Otorhinolaryngology

Participants: Faculties, Practitioners, PhD Scholars,Postgraduates, Interns & BAMS Students

First Prize – Rs. 2500/-
Second Prize – Rs. 1500/-

Last date of e - Poster Submission-30/11/2026

REELS COMPETITION

Topic:
1) A day in Shalakya OPD
2) Case capsule treatment success stories
3) Eye donation
4) Ksharasutra: The Healing Magic Thread
5) A Day in the OT: From Sterility to Surgery
6) Healing Beyond Surgery: Importance of Pathya–Apathya in Postoperative Recovery

Participants: Faculties, Practitioners, PhD Scholars, Postgraduates, Interns & BAMS Students

First Prize – Rs. 2500/-

Last date for Reels Submission-30/11/2026

PAPER PRESENTATION COMPETITION

Competition Category - PhD Scholars, Postgraduates, Interns & BAMS Students

Non - competition category: Faculties & Practitioners

https://ahaliaayurvedic.org/college/vijnana-sarani/

First Prize - Rs. 3000/-
Second Prize - Rs. 2000/-

Last date for Abstract Submission-30/11/2026

PAPER PRESENTATION COMPETITION

1. Digitalization and future of Ayurvedic diagnostics.
2. Yoga and Eye Exercises for Prevention of Computer Vision Syndrome.
3. Early brain development & neurodevelopmental disorders: Scope of Ayurvedic interventions in critical periods.
4. Integrative Surgical Care: Exploring the Clinical Relevance of Shalyatantra.
5. Pharmacological Potential of Chakshushya Dravyas in Managing Modern Ocular Disorders.
6. Evidence based validation of panchakarma procedures in perioperative care
7. Exploring the Emergency Therapeutic Potential of Rasaushadhies.
8. Nutrigenomics in Ayurveda geriatrics implication for healthy aging and disease prevention
9. Ayurvedic Perspectives in Infertility Management: Bridging Traditional Concepts with Modern Reproductive Medicine.
10. Impact of Lifestyle Factors on the Development of Surgical Disorders: An Ayurvedic Perspective.
11. Application of evidence-based medicine in Neurological disorders.
12. Integrative Cancer Management Through Rasaushadhies: Scope and Challenges.
13. Snakebite Envenomation: Integrating Ayurvedic visachikitsa with contemporary management.
14. The Gut-Brain Axis: An Ayurvedic perspective on the mind-body connection.
15. Integrative Ayurvedic Management of Polyendocrine Metabolic Ovarian Syndrome (PMOS): Current Evidence and Clinical Challenges.

DELEGATE FEE DETAILS

Before: 20/11/2026
- UG/House Surgeon – Rs. 3000/-
- PG/PhD – Rs. 3500/-
- Faculties/Practitioners – Rs. 4000/-
- Foreign Delegates – Rs. 10,000/-

After: 20/11/2026 to 16/12/2026
- UG/House Surgeon – Rs. 3500/-
- PG/PhD – Rs. 4000/-
- Faculties/Practitioners – Rs. 4500/-
- Foreign Delegates – Rs. 12,500/-

Spot Registration
- UG/House Surgeon – Rs. 4000/-
- PG/PhD – Rs. 4500/-
- Faculties/Practitioners – Rs. 5000/-
- Foreign Delegates – Rs. 15,000/-

Note
- Spot registration: Subject to availability
- **Registration fee include Food and Basic accommodation.**
- Mode of payment: Online

For group registration offers contact Dr. Sethu R: +917034198946

Co-ordinators
- **Dr. Vidya G Mohan**
  HOD, Dept of Shalya tantra
- **Dr. Yadukrishnan S**
  HOD, Dept of Shalakya tantra

CONTACT DETAILS

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For Essay Competition
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- **Dr. Ranesh A K**
  +916238290035

For e-Poster Competition
- **Dr. Kavyasree B S**
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For Accommodation
- **Dr. Anoopkumar N S**
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For Transportation
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For Paper Presentation
- **Dr. Ganga N**
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- **Dr. Teres Joshy**
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For Reel competition
- **Dr. Happy H V**
  +917411365303

NEARBY TOURIST DESTINATIONS

1. Walayar dam view point - 21 minutes
2. Kava island - 44 minutes
3. Malampuzha dam – 37 minutes
4. Palakkad fort – 33 minutes
5. Isha yoga center, Coimbatore- 1 hour 25 minutes
6. Sruvani water fall – 1 hour 35 minutes
7. Parambikulam tiger reserve - 1 hour 45 minutes
8. Kovai kondattam amusement park – 54 minutes
9. Silent valley national park – 2 hours 45 minutes
10. Nelliampathy - 2 hours
11. Dhoni waterfall – 53 minutes
12. Sitargundu - 2 hour 16 minutes
13. Ooty hill station - 3 hour 55 minutes
14. Valparai - 2 hours 30 minutes
15. Monkey waterfalls – 1 hour 15 minutes

NEAREST BUS BAY
KSRTC DEPOT PALAKKAD– 30 Minutes

NEAREST RAILWAY STATION – PALAKKAD JUNCTION, OLAVAKKODE – 30 Minutes

NEAREST AIRPORT - COIMBATORE INTERNATIONAL AIR PORT – 1 Hour

AHALIA AYURVEDA MEDICAL COLLEGE & HOSPITAL
Ahalia Campus, Palakkad - 678557 | www.ahaliaayurvedic.org



Delighted to Announce

VIJNANA-SARANI 3.0

International Conference on Emerging Trends in Shalya & Shalakya Tantra

(The search for fresh insights)

नीर-क्षीर-विवेकत्वं हि शास्त्रसामर्थ्यम्
विज्ञानसरणिः
The Search for Fresh Insights
Vijñānā Saraṇi.

ON DECEMBER 17th & 18th 2026

Alongside the conference

Rang De 2026

Intercollegiate Cultural Fest

For more details
https://ahaliaayurvedic.org/college/vijnana-sarani-3/